

CANCER SUPPORT & INFORMATION GROUP

Action Cancer is offering a series of information and support sessions for those affected by cancer.

The sessions are open to anyone affected by cancer and it is hoped they will make it easier for those affected and their families to re-adjust to life with cancer, and importantly, after cancer.

There is a world of issues that can arise following a cancer diagnosis and these sessions will aim to address these in a practical way so that people can feel empowered and able to move forward. People can attend all five sessions or whatever sessions they feel particularly interests them. We hope that these sessions will provide us with more detailed information from which we can then establish closed survivor groups in the future. That way we can ensure they are as tailored as possible and meeting the needs of the people involved.

If you have any queries or want to know more, please contact **Elizabeth Boyd** on 028 9080 3344 or email: eboyd@actioncancer.org.



Week 1	Cancer & Therapeutic Support	1st September @ 6pm - 9pm
Week 2	Cancer & Health Awareness	8th September @ 6pm - 9pm
Week 3	Living with the consequences	15th September @ 6pm - 9pm
Week 4	Cancer and your family	22nd September @ 6pm - 9pm
Week 5	What about you?	29th September @ 6pm - 9pm